



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Health Benefits

JOSH STEIN • Governor
DEV SANGVAI • Secretary
JAY LUDLAM • Deputy Secretary, NC Medicaid

March 25, 2025

Dear County DSS Director:

The Department of Health and Human Services, Division of Health Benefits (DHB) hereby provides notice of its intent to amend the Medicaid State Plan to update the Alternative Benefit Plan in order to comply with mental health parity requirements and align with the Medicaid State Plan.

Please post this notice in your facility so that interested parties may be made aware of this proposed change and may comment as necessary. The posting can be removed after ninety days from the date of this letter.

Sincerely,

Ashley Blango

Ashley Blango
State Plan and Amendments Coordinator

Attachment: Revised Public Notice SPA 25-0009
ABP Parity

NC MEDICAID

**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES •
DIVISION OF HEALTH BENEFITS**

LOCATION: 1985 Umstead Drive, Kirby Building,
Raleigh, NC 27603 MAILING ADDRESS: 2501
Mail Service Center, Raleigh, NC 27699-2001
www.ncdhhs.gov • TEL: 919-855-4100 • FAX:
919-733-6608

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REVISED PUBLIC NOTICE

North Carolina Department of Health and Human Services State Plan

Amendment regarding Alternative Benefit Plan Updates

The North Carolina Department of Health and Human Services provides notice of its intent to submit a State Plan Amendment to update the Alternative Benefit Plan in order to comply with mental health parity requirements and align with the Medicaid State Plan.

Effective 01/01/2025, non-quantitative treatment limitations (NQTLs) (prior authorization, concurrent review, or reauthorization requirements) will be removed from psychotherapy and mobile crisis management services in the Alternative Benefit Plan. To align with changes approved by CMS (Center for Medicare and Medicaid Services), the Medically Monitored or (ADATC) Alcohol Drug Addiction Treatment Center Detoxification Crisis Stabilization benefit will be terminated, and Clinically Managed Residential Withdrawal Management will be added as a benefit to align with changes to the state's Medicaid State Plan.

Early and Periodic Screening, Diagnostic and Treatment (EPSDT) services will be provided to those individuals in the Medicaid Expansion eligibility group who are under the age of 21 as required by law and regulation and as consistent with current state policy regarding the delivery of these services. Other covered services include those required by state or federal law, regulation, or policy.

Consistent with federal law and the North Carolina Medicaid State Plan (the State Plan), the State's Medicaid liaison to the North Carolina tribes provided written notice regarding the proposed State Plan Amendment to the appropriate tribal contacts on March 19, 2025. In accordance with the State Plan, additional information regarding the proposed changes will be provided to the tribal contacts upon request, and consultation will occur as requested or as otherwise appropriate.

Any comments regarding the proposed State Plan Amendment covered by this public notice, or requests for a written copy, may be submitted in writing to Jay Ludlam at 820 S Boylan Ave, McBryde Building, Raleigh, NC 27603 or submitted via email to MedicaidRulesComments@dhhs.nc.gov. A copy of the proposed State Plan Amendment will also be available at <https://medicaid.ncdhhs.gov/meetings-notices/medicaid-state-plan-public-notices>. Written comments may be reviewed by the public at 820 S Boylan Ave, McBryde Building, Raleigh, NC 27603. Comments will be accepted until April 7, 2025. There is no public hearing scheduled.