



*Focusing on prevention
of disease and health
care for our community*

NASH COUNTY HEALTH DEPARTMENT

Nashville Office (Main)
214 S. Barnes St., P.O. Box 849
Nashville, NC 27856
Clinic, WIC, Administration,
Health Education
(252) 459-9819

Rocky Mount Branch Office
322 S. Franklin Street
Rocky Mount, NC 27804
Clinic, WIC
(252) 446-0027

Environmental Health
Nash County Office Building
120 W. Washington Street, Suite 2127
Nashville, NC 27856
(252) 459-9829

Solid Waste Program
3057 Duke Road
P.O. Box 849
Nashville, NC 27856
(252) 459-9899

Animal Control
921 First Street Extension
P.O. Box 849
Nashville, NC 27856
(252) 459-9855

Nash County Health Department offers confidential services at no cost or on a sliding fee scale to all residents of Nash County.

Services are provided at NCHD regardless of race, age, religion, gender, marital status, national origin, or disability status.

En el departamento de salud hay interpretes de habla hispana para asistir a los residentes con servicios de la clinica llamar al 462-2433 para asistencia.

SOLID WASTE



- * Provides and staffs 9 convenience centers throughout the county for solid waste collection and recycling
- * Investigates complaints of solid waste violations
- * Operates a landfill for the disposal of construction and demolition waste
- * Operates a scrap tire collection area
- * Operates a yard waste collection area

VITAL RECORDS



All birth and death certificates pass through Vital Records for completion, verification of information, and signature of the Health Director before being sent to the Register of Deeds for certification.

WIC



Prevents and improves nutrition-related health problems during pregnancy, the postpartum period, and the first five years of life. Services include:

- * Assessment of nutrition habits and needs
- * "Food Vouchers" for basic nutritious foods
- * Nutrition counseling
- * Promotion and support of breastfeeding

WOMEN'S HEALTH WATCH



Provides annual screening clinic for women. Services include:

- * Screening for high blood pressure, anemia, breast cancer, and diabetes
- * Pap smears to detect cervical cancer
- * Cholesterol tests
- * Dietary counseling
- * Education to change unhealthy habits which may cause chronic disease
- * Adult immunizations
- * Referrals if health problems are found
- * Free mammograms as available

OUR PUBLIC HEALTH GOALS ARE TO:



1. Prevent diseases
2. Detect and treat health problems early
3. Promote healthy lifestyles

The health department offers many services in an effort to keep residents and our community healthy. NCHD serves ALL Nash County residents- whether you come in our doors as a patient or as we reach you as part of our community and environmental health programs.

ANIMAL CLINIC



Services include:

- * Enforcing rabies vaccination laws
- * Investigating animal bites
- * Encouraging proper animal care and population control
- * Providing animal adoption
- * Cosponsoring, with local veterinarians, rabies vaccination clinics

CHILD HEALTH CLINIC



Identifies health problems and promotes healthy physical, mental, and emotional development. Services include:

- * Well child checkups, sports physicals and limited care for sick 0-21 years of age
- * Dietary counseling
- * Physical exams work
- * Lead and sickle cell screening and counseling
- * Referrals if health or developmental problems are found
- * developmental checkups
- * Immunizations
- * Dental screenings and varnishing
- * Care Coordination for Children (CC4C)

COMMUNICABLE DISEASE CONTROL



Provides prevention, testing, treatment, and follow-up of sexually transmitted diseases, hepatitis, tuberculosis, and other communicable diseases. Services include:

- * Confidential testing, contact follow-up, and treatment (when available)
- * Individual and group education to prevent the spread of communicable disease
- * Confidential testing for HIV/AIDS
- * Medication and referrals for TB x-rays
- * Outbreak investigation

EMERGENCY PREPAREDNESS



Works with various health and emergency agencies to develop plans for managing outbreaks or community-wide disasters

- * Prepares and participates in community-wide emergency management drills
- * Responds to disease outbreaks and disasters to protect the public's health

ENVIRONMENTAL HEALTH

Ensures food/lodging/institutional sanitation as well as proper sewage disposal and well protection.



Services include:

- * Permits and inspects facilities that sell food to the public
- * Provides ' Foodhandler Classes' to foodservice establishment employees
- * Inspects all public pools to enforce health and safety standards
- * Inspects daycares, summer camps, rest/nursing homes, hospitals, residential care and confinement facilities, tattoo parlor, and lodging facilities to enforce state rules
- * Enforces state laws which help protect children from exposure to lead hazards
- * Enforces state laws and regulations on smoke-free bars/restaurants
- * Helps prevent the spread of disease from improper sewage disposal and unprotected wells
- * Collects and tests water samples
- * Provides well and septic design and permitting
- * Evaluates building sites for suitability of septic systems and enforces local well ordinances

FAMILY PLANNING



Provides assistance in planning family size and spacing of births. Services include: * Education on natural family planning, methods of birth control, and breast self exam

- * Physical exams including testing for infection
- * Pregnancy testing and adult immunizations
- * Birth control method supplies

HEALTH EDUCATION & PLANNING



Encourages and assists with initiatives to improve the health status of residents by changing policies, environment, and individual barriers to reducing the risk for health problems. Services include:

- * Health education information and programs on nutrition, HIV/AIDS, blood pressure, family planning, wellness, breast health, childbirth, healthy lifestyles, exercise, preconceptional health, communicable diseases, teen pregnancy prevention, tobacco free living, public health services, etc.
- * Healthy Start Baby Love Plus program
- * Diabetes Self Management Program
- * Positive Parenting Program (Triple P) individual and class services
- * Community Health data, assessment, and planning.

IMMUNIZATIONS



Provides prevention of communicable diseases through proper vaccination. Services include:

- * Adult immunizations (including flu, Pneumonia, and tetanus/pertussis/diphtheria)
- * Childhood immunizations

MATERNITY CLINIC



Provides regular prenatal care in hopes of reducing pregnancy complications and infant deaths. Services include:

- * Pregnancy testing/counseling
- * Regular prenatal physicals
- * Childbirth classes
- * Dietary counseling
- * Substance abuse evaluation and counseling
- * Pregnancy Care Management