

Nash County Recreation

5-6 Year Olds

Laws of the Game

Rules may be updated at any time as required by Program Supervisor. Coaches will be notified of any updates that occur

<p>Law 1 - The Field of Play</p> <div style="border: 1px solid black; width: 100%; height: 100%; position: relative; margin: 10px 0;"> <div style="position: absolute; top: 0; left: 0; right: 0; height: 20px; border-bottom: 1px solid black;"></div> <div style="position: absolute; top: 20px; left: 0; right: 0; border-bottom: 1px solid black; display: flex; justify-content: space-between; padding: 0 10px;"> Home Team Visiting Team </div> <div style="position: absolute; top: 40px; left: 0; right: 0; border-bottom: 1px solid black; display: flex; justify-content: space-between; padding: 0 10px;"> Home Fans Visiting Fans </div> </div>	<p>45 yards long X 30 yards wide - Field 6 ft. X 12 ft. – Goal</p> <p>Teams shall sit on one side of the pitch, while all fans shall sit on the opposite side</p> <p>Substitution Area is 1 Yard to Each Side of the Halfway Line (6 ft.Total.) Only players waiting to sub should be in the Sub Area. If Sub Area is not marked, coaches should mark this area with cones each Team Will Need to Take Up One Half of Their Side Between the Halfway Line and the Outer Edge of the Penalty Area.</p> <p>Coaches Must Remain Inside Coaching Area and Behind the Touchlines at all Times During the Game, Unless Summoned Onto the Field by the Referee.</p> <p>No Coaches, Players or Fans are Allowed Behind the Goal Lines</p> <p>Only players, head & assistant coaches are allowed on the team side of the field unless it is a parent/guardian of an injured child after the injury occurs</p>
<p>Law 2 - The Ball</p>	<p>Size 3</p>

<p>Law 3 - Number of Players</p>	<p>5 (Includes Goal Keeper) Minimum 4 Players to Play *All players present must play half the game. <u>There are no forfeits.</u> If one team does not have enough players, teams will divide up evenly and play. <u>Substitutions:</u> Can be Made Prior to Throw-In (in your favor), Goal-Kicks, After Goal has Been Scored, Between Quarters, When Referee has Stopped Play for Injury or After a Player has Been Cautioned</p> <ul style="list-style-type: none"> - The Referee Must be Informed Before Proposed Substitution is Made - The Substitute Player Must Enter the Game From the Half-way Line - If this does not occur, the player will have to be returned to the bench and start the substitution process. The only exception is for injuries. - All players must be substituted into the game at least once by half-time <p><u>Mercy Rule:</u> A team that is ahead by 5 goals or more and has players that have score 3 or more of those goals, will be required to either a) move all applicable players to “defensive or goalkeeper” positions (player can NOT cross over the halfway line or score additional points at this time) or b) take applicable players off the field. If this lead drops to a three-goal differential (example 5 goals v 2 goals), then the team may return affected players to original positions if desired.</p>
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<p>Law 4 - Player's Equipment</p>	<ul style="list-style-type: none"> • Shin-guards • Long socks to cover the shin-guards • Cleats (with no metal or toe cleats) • Jersey • Shorts or athletic pants • <u>No jewelry or accessories are allowed to be worn</u> <ul style="list-style-type: none"> ○ This includes, but is not limited to, bracelets, necklaces, rings, earrings, hair accessories made from a hard material (such as hard plastic or metal), etc. ○ Please note that if a player has earrings or hair accessories that cannot be removed, then they can participate as long as the earring or accessory is covered or secured. For example: earrings can be covered by band aides or hair accessories made from a hard material can be covered by a soft material such as a cloth ○ If there is any question if a player may participate due to equipment, coaches must contact field site supervisor for the final verdict • Players requiring the use of a medical protective devise, such as a knee brace, may do so at the discretion of the referee <ul style="list-style-type: none"> ○ Braces including plastic or metal pieces must be completely covered by a protective sleeve
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<p>Law 5 - Referee</p>	<ul style="list-style-type: none"> • 1 Referee • Referee has Ultimate Authority Over the Pitch and Both Benches. Arguing With Referee Will Not be Tolerated • Coaches are Responsible for Their Sideline, so if a Parent is Asked to Leave a Game, the Coach may be Asked to Accompany Them
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Law 6 - Assistant Referee	None
Law 7 - Duration of Match	4- 8 minute quarters with a 5 minute half time A Player Can be Goal Keeper for More Than One Half of any Given Game
Law 8 - Starts and Restarts	Kick-Off at Start of match and beginning of half. For kick off, the players of the team not kicking the ball must be behind the designate line Ball is in Play When it is Kicked and Rotates. A player may score against opponent from the kick-off Kicker Cannot Touch the Ball a Second Time Until it has Touched Another Player
Law 9 - Ball In and Out of Play	The Ball is Out of Play When the Ball has Completely Crossed Over the Entire Line
Law 10 - Method of Scoring	A Goal is Scored When the Ball has Completely Crossed Over the Goal-Line, Between the Goal-Post and Under the Cross-Bar
Law 11 - Offside	Not Enforced
Law 12 - Fouls and Misconduct	Slide Tackles are NOT Allowed- after the first instance, the player will be verbally warned. If there is a second instance, the player will have to leave the field for at least 5 minutes. Headers are NOT Allowed. Indirect Kick will be Awarded to Opposing Team. An Indirect Free-Kick Will be Awarded Resulting From the Kicking of an Opponent, Tripping, Slide Tackle, Jumps at an Opponent, Charges an Opponent, Strikes or Attempts to Strike an Opponent, Pushing, Spitting, Holding or a Hand Ball, Dangerous Play, Charging, Obstruction or Charging the Goal Keeper, Delay of Game or the Goal Keeper Touching the Ball With Hands After it has been Kicked to Them by a Teammate. All Indirect Kicks, Ball Must be Stationary When the Kick is Taken in a manner that moves the ball so it moves and rotates at least half of the circumference of the ball and then Must Touch Another Player Before Entering the Goal
Law 13 - Free-Kicks	<ul style="list-style-type: none"> All Indirect Kicks, Ball Must be Stationary When the Kick is Taken and Must Touch Another Player Before Entering the Goal Opposing Players Must be 5 Yards From the Ball
Law 14 - Penalty Kick	None
Law 15 - Throw-In	Two Attempts

Law 16 - Goal-Kick	Taken From Outer Edge of Goal Area by Defending Team When the Attacking Team has kicked the Ball Over the Goal-Line Opponents Must go back to Mid-Field Line and cannot cross midfield until ball has been kicked
Law 17 - Corner-Kick	<ul style="list-style-type: none"> • Taken From the Corner Arc by the Attacking Team When the Defending Team has Kicked the Ball Over its own Goal-Line • Opponents Must be 5 Yards From the Ball

Sportsmanship & Physical/Verbal Abuse

- All players, coaches, and spectators are expected to exhibit good sportsmanship behavior
 - For details regarding good sportsmanship and our policies, please see the Coaches Manual
- All players, coaches, and spectators are expected to follow the Physical & Verbal Abuse Policies of Nash County