

# Nash County Recreation & Senior Services



## Adult Kickball Handbook

(Revised 2/23/2022)

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### **League Director**

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*All playing rules listed below will govern league play. In the event a situation is not listed below, it will default to the KICKBALL: Official Rules of the Game Copyright © 1998-2019 by WAKA, LLC*

*Rules may be Subject to Change as required by the Recreational Staff*

# I.

## **Registration Procedures:**

A. In addition to the team fee, a participation fee of \$35 is required for each member on the team roster, which includes players, coaches, and managers.

B. Player registration forms are required for each member on the team roster which includes players, coaches, and managers. \*\***Player registration fees and registration form must be on file with NCPR by 7pm on the Friday before the game in which he/she is to play.**\*\*

## **Manger Meeting:**

i. A **MANDATORY** meeting for managers or team representatives will be held at the conclusion of team registration.

ii. Failure to attend this meeting (manager or team representative) will result in removal from the league with a full refund.

## **Refund/Credit Policy:**

A. NCPR will give partial or full refunds for the following reasons:

i. Classes/programs cancelled due to lack of participant interest, and/or

ii. Valid medical reasons on the part of the participant, and/or

iii. Participant is dissatisfied within the first two (2) meetings of a program and contacts NCPR staff within five business days after the second meeting for a refund.

B. Other valid reason for exiting programs will be considered for program credit. NCPR must be notified at least two (2) working days prior to class/program starting date in order for NCPR to be able to fill program vacancy.

C. Recreation Director must approve a refund or a credit for program or portion of programs deemed appropriate.

D. Credits can be used only by participants or his/her immediate family members.

## **Managers Duties**

A. It shall be the duty of each manager to see that the official roster, player registration forms, and entry fees are delivered to the Recreation Department as stated on the Kickball Deadline and Fact Sheet. Each team is required to register during assigned registration dates. Team managers are responsible for signing player registration forms to verify all players are of proper age.

B. It is the responsibility of each manager to assure that all players on their team are eligible and understand the rules and regulations of the NCPR Kickball League.

C. Managers or team captains are the only ones allowed to question the referee.

D. Managers are to see that all players are in the proper uniform and that the players stay in the respected areas (In their dugouts).

E. Each manager is responsible for their team and spectators' conduct at and around the park. NCPR will not tolerate abusive language, consumption of alcoholic beverages on county property, litter, or other irresponsible acts.

F. Only the team manager should contact NCPR after 12pm, in case of inclement weather. Game status updates will be available by calling the Main Office at 252.462.2628

## II.

### Eligibility:

A. All participants must be 16 years of age prior to participation and are required to pay the appropriate fee and complete a registration form to be considered an eligible player. Proper Identification is required.

B. Player registration fees and forms must be on file with NCPR by 7pm on the Friday prior to the game in which he/she is to play.

**NOTE:** Once a player plays in one regular season game for a certain team, they may not switch teams. No player will be allowed to play with more than one team in a division.

C. A player must be entered on the team roster prior to participation. Each roster is limited to 15 players, including manager and/or coaches.

D. Roster additions may be made at Recreation Department during normal office hours. No additions will be allowed after The Mangers Meeting. There will be NO MINIMUM number of games a player has to participate in to be eligible for the post-season tournament, as long as they were on the roster prior to Mangers Meeting.

E. An illegal player is defined as: a player participating under an assumed name and/or playing for a team in which he/she is not on that team's roster; or playing on more than one team in the same division.

F. An ineligible player is defined as: a player who does not meet the requirements of the NCPR Code of Conduct or playing while under suspension.

G. Any NCPR representative, official, or an opposing team all have the right to protest the legality of a player. NCPR has the right to check identification at any time; picture I.D.'s must be readily available upon request. This includes the right to check entire teams or just specific players in question.

**NOTE:** Any team found to be playing illegal players must forfeit the present game, those players will be suspended from the league for the next 3 scheduled games, and the manager will be suspended from the league for the next 5 scheduled games.

## Rules

### **Field Guidelines:**

The Kickball diamond has equal sides of 60ft. Distance from home plate to second base and from first base to third base is 84ft 10 ¼ inches.

- The Pitching distance is 40 feet.
- Kicking arc is 25 feet.
- The Plate will be extended 2 feet on each side and will be marked by chalk.

### **Equipment:**

- Athletic shoes are required however, **metal cleats are not allowed** : **NO JEWELRY WILL BE ALLOWED ON THE FIELD.**
- Player may wear protective equipment providing it does not offer the person an unfair advantage. (gloves are allowed)
- The official kickball is the red WAKA Logo Kickball, 10 inches
- All players attire is an extension of the player

## Player/ Rosters:

- All players must appear on written lineups, reflecting that game's kicking order, to be exchanged between captains and staff before the game.
- Players need to have some form of Photo ID at EVERY game
- 7 players minimum to start the game
- Each player must sign a release of Liability Form, which will also serve as the team roster
- No player will be allowed to play unless he/ she is on the official team roster
- No team may add new **players after 5pm on March 2, 2022.**
- Every team needs to have at least 3 women and four men on their roster.
- **An illegal player is defined as:** a player participating under an assumed name and/or playing for a team in which he/she is not on that team's official Nash County roster; or playing on more than one team in the same division.
- **An ineligible player is defined as:** a player who does not meet the requirements of the NCPD code of conduct; or playing while under suspension.

**NOTE:** Any team found to be playing illegal players must forfeit the present game, and all games players have played. Those players will be suspended from league play for the remainder of the year, and the manager will be suspended from ALL league play for the next 2 scheduled games

## Regulation Game Play:

- Game will last seven (7) innings or 55 minutes, whichever occurs first. No new inning can start after the 50 min.
- 10 people are allowed on the field maximum (Seven is the max number of the same gendered participants on the field. Example 7 Males/ 3 Females)
- If team is up by 10 or more runs at the completion of the 4<sup>th</sup> inning the mercy rule will go into effect
- Kicking order must be turned in to the scorekeeper before the start of every game. Teams will only be allowed 10 Kickers
- Runs are unlimited throughout all seven (7) innings, with ten (10) Kickers
- 3 outs by a team completes that half of the inning; 3 strikes or / 4 foul balls = 1 out
- If a kicked ball strikes a base runner that is in fair territory and not in contact with a base, they will be called out. The ball will be dead, and the kicker will receive first base. All other runners will only move if forced.
- Teams must have a minimum of three of each gender to start the game without penalties. If teams do not have three females or males at start time, but have 7 players, then the team will play with a penalty.  
Penalty: The teams will receive an out every time for the duration of that game, or until their player arrives/ or the game ends.

**TIEBREAKER:** Games cannot end in a tie; therefore, the winner will be determined by placing the last kicker that got out on 2nd base with 2 outs and playing the game until a team wins.

## Pitching:

- Balls must be pitched by hand. There are no restrictions on pitching style.
- Bounces are allowed up to knee height on the kicker
- Spinning the ball upon pitch **is not allowed**
- The speed of the pitch is up to the head official, (in the case the ball the official feels the ball is pitched to fast it will be a Re-Do)
- The pitcher must start the act of pitching within the pitching mound and must have one foot on or directly behind the pitching strip when pitching the ball.

## Fielder Positions:

Each team may field up to 10 players (Pitcher, Catcher, 1<sup>st</sup>,2<sup>nd</sup>,3<sup>rd</sup>, base players, and outfield)

All infielders besides the catcher and pitcher must start play and remain behind the 1<sup>st</sup>-3<sup>rd</sup> base diagonal until the ball is kicked.

## Fielding:

- **Teams must have minimum of 3 females in a(n) infield positions at all times**
- Defensive players are allowed to wear gloves.
- No player may field in front of the pitcher other than the catcher, and no player may advance past the 1st- 3rd base diagonal until the ball is kicked. Failure to abide by this rule results in a ball.
- If a defensive player touches a kicked ball inside the arc before the ball stops it is a live ball.
- Fielders must stay out of the base line. Runners hindered by any fielder within the base line, not making an active play for the ball, shall be safe at the base to which they were running.

### **Running:**

- Runners must stay within the base line
- Absolutely **NO contact is allowed**. NOTE: The runner is out if the runner initiates contact or the runner is safe if the fielder initiates contact.
- **Only runners on (2<sup>nd</sup> Base) and (3<sup>rd</sup> Base) are able to steal a base.**
- Runners may tag-up after a kicked ball is caught by the defense to advance to the next base.
- Runners may overrun first base.

### **Overthrows Out of play**

- All runners will be awarded one base from the last base legally touched if the ball is overthrown out of play (into dugout, over fence, etc.) and the ball will be dead.

### **Kicking Order:**

- Kicking orders are limited to 10 kickers, those 10 kickers that are eligibility to kick during the inning., remaining players will be placed on Substation on the Line-up cards
- Kickers can only be substituted in-between innings. Injuries and Emergencies that would result in a player leaving the field of play, are the only exceptions were a player can be substituted during a inning.
  1. Once a player has been substituted for an injury, said participant can only come back in at the start of the new inning
- Substitute-Kickers will be attached to one kicker/plyer during the duration of the game, and can not change during the game unless (See bullet point above)
- The Kicking order must alternate in some way between genders. (E.G. Girl, Boy Girl/ Or Girls, Boy, Boy Girl)
- Kicking order can not have more than two of the same gender kicks after each other.
- The vacant position for the missing sex must be listed last in the kicking order.
- An out will be recorded when the vacant position in the batting order is scheduled to Kick.

### **Kicking:**

- All kicks must be made by the foot or leg, below the knee. (if a ball is touched by the foot or leg, below the knee counts as a kick)
- All kicks must occur at, behind, or on home plate (no part of the planted foot may be in front of or cross the front edge of Home plate)
- Opponents cannot purposefully knock a ball loose from a fielder's hand(s) for them to "drop the tag". Player will be called out based off the umpires ruling
- For the kicking order players gender must alternate.
- No Bunting is allowed. A bunt is called as an out.\*\*\*\*
- All kicked balls must go past the 25ft arc or be considered a bunt.
  - Unless a defensive player touches a kicked ball inside the arc before the ball stops it is considered a live ball.

### **Outs:**

- A count of three (3) outs by a team completes the team's half of the inning.

- Force Out, being the tag by any part of a fielder's body of a base to which a runner is forced to run, before the runner arrives at the base, while the fielder has control of the ball. The ball may be touching the ground if the fielder displays full control of the ball while simultaneously tagging the base
- Any kicked ball (fair or foul) that is caught by a fielder. Any part of the ball may incidentally touch the ground during the act of catching and still be ruled an out if the fielder first displays full control of the ball and maintains control
- Kickers steps over the plate on a kick (Stepping on the plate is allowed)
- Runners are NOT allowed to lead-off from a base. Runners on (1<sup>st</sup> Base) CANNOT leave their base until the ball is kicked. If the runner leads-off or runs prior to the kick, the runner is automatically out.
- Any runner not on a base can be hit with the kickball by a fielder. If the runner is hit while not on a base, the runner is out unless the runner is hit in the neck or head.
- a runner who fails to properly tag up on a caught ball, as called by a Referee upon the conclusion of the play
- a runner off base when the ball is kicked will be called out
- If the runner is ducking, diving or sliding (i.e. attempts to dodge the ball) and is hit in the head because of this, he/she is out.

### **Play Ends:**

- When the pitcher has the ball in control and on the Mound/ Pitching rubber
- A runner intentionally touches or stops the ball (the runner is out)

### **Scoring:**

Score will be kept by Nash County Recreation Department during the regular and post-season games.

### **Tournament:**

There will be a single elimination tournament that will begin at the conclusion of the regular season/ rain make-up games. It is the manager's responsibility to pick up schedules or call the Recreation Department following the regular season and/rain make-up games.

Seeding in the tournament will be determined by the regular season standings in the division. In case of a tie for the regular season, tournament seeding will be based on (ranking order):

1. Head to head match-ups between the tied teams; if still tied
2. Point Differential; if still tied
3. Points allowed during the season; if still tied
4. Points scored during the season; if still tied

There will be a coin toss by NCPR staff to determine seeding's

## **III.**

### **PROTEST**

**A.** The only legal protest is one involving the use of an ineligible player.

**B.** The team protesting ineligible players must notify the umpire at the time of game in question and also submit their protest in writing to the Parks and Recreation Department within 48 hours of said game. If the protest of an ineligible player(s) is upheld, the questioned team will lose by forfeiture ALL games in which said player(s) participated.

**Forfeits**

A game shall be forfeited for violation of the following: If a team scheduled to play, fails to place at least 8 eligible players at the start of the game or drops below 8 players and, in the opinion of the Referee, no longer has a chance to win; if a team or any member of a team shall delay the progress of a game, the opposing team could be declared the winner; if a player or manager engages in an argument with officials and refuses to continue the game, he/she will be ordered off the field. Failure to comply with the officials could mean a forfeit for his/her team. In case of a double forfeit, both teams will be charged with a loss. Any team not in compliance with the Code of Conduct could also result in a forfeit. If a team forfeits 3 games (which includes all call ahead forfeits), that team shall be removed from the league. All players on a team that have forfeited out of the league will not be allowed to play the remainder of the season with another team in that league.

**Ejections**

A. A player who is ejected from a game will be required to leave sight and sound of the facility within 2 minutes. If a player fails to leave after an ejection, the game will be forfeited by the officials. Managers should see that your player leaves promptly.

B. If any player is ejected from the game he/she shall be automatically suspended for a minimum of one game, additional punishment could be handed down pending review by NCPR staff.

**Possible actions include:**

- One game suspension
- Multiple game suspensions and a meeting with the Recreation Staff
- Season suspension and a meeting with the Recreation Staff
- Indefinite suspension

C. If the player is ejected a second time, he/she will be suspended for the remainder of the season, or if circumstances so warrant, be suspended from participation in any program and/or facility of Nash County Parks & Recreation Department indefinitely, pending review by NCPR staff.

Factors that may suggest a more lenient penalty include:	Factors that may suggest a harsher penalty include:
<ul style="list-style-type: none"> <li>- First offense</li> <li>- Apparent desire to reform</li> <li>- Leaving sight and sound of facility within 2 minutes</li> </ul>	<ul style="list-style-type: none"> <li>- Personal attack on NCPR staff</li> <li>- Failure to leave sight &amp; sound of facility within 2 minutes</li> <li>- Violation of law</li> </ul>

**Ejection Review Process:**

Within 48 hours of a player being ejected, the Recreation Staff will initiate a review process consisting of:

1. Gather written reports and document eyewitness accounts of the event(s) that took place from individuals involved. This may include the site supervisor, game officials, and other players.



2. After all information is gathered, the Recreation Staff will review all documentation. Once all documentation is reviewed, severity of the penalty will be determined as outlined in this manual. NCPD has the authority to decide the severity of the situation.
3. The player will be informed by the Recreation Staff of the penalty and at this time, a meeting with the involved player, their team manager and Recreation Staff may be scheduled.

## IV.

### Inclement Weather

- A. Games shall be postponed when NCPD determines the field to be unplayable. **Managers** should contact the Recreation & Parks Department **AFTER** 12pm, and players should contact their managers.
- B. Under most conditions, a game will not be canceled. Managers need to make sure they have the official word from the Referee at the field or recreation staff that a game has been canceled. The original schedule will not be changed. Rained out games will be made up at the end of the regular season play, as much as possible.
- C. All suspended games will resume at the exact point where they were stopped.
- D. Teams will be given a [Rainedout.com](http://Rainedout.com) informational sheet. Team managers and players are encouraged to sign up for this service that will notify them when games are canceled (standard text messaging rates will apply).
- E. The Nash County has developed the following inclement weather guidelines to ensure early response in various inclement weather situations. The National Weather Service issues weather advisories, watches and warnings to inform the public of inclement weather. Staff will stay attuned to these advisories and modify programs accordingly. Inclement weather judgment calls to cancel, suspend, postpone and resume are case

by case depending on the forecast, radar development and visual observations of the sky. Should any of the following triggers occur causing undesirable and unsafe conditions; staff will alert the cancelation, suspension or postponement of an activity by using a whistle, air horn or megaphone. Participants, volunteers and other staff will be directed to a safe location until the threat or danger has passed and activities can resume.

Weather events include:

- Extreme Temperatures
- Severe thunderstorm watch or warning
- Lightning
- High winds
- A tornado sighting or warning

### EXTREME TEMPERATURES

#### **HEAT ADVISORIES**

The heat index ranges issued by the National Weather Service range from little danger from heat; 65 ° - 81 ° too dangerous to health; 106 ° - 115 ° and above. High air temperatures and relative humidity distress individuals differently. Parents of children, adult participants and staff should take into consideration their own physical health conditions in making the decision to participate in an outdoor activity during a heat advisory. Proper hydration including the use of sunscreen, resting in shaded areas and wearing proper

attire will be emphasized.

**Action:**

*Staff will monitor heat index levels along with other weather related variables to determine if an activity needs to be postponed.*

**WINTER WEATHER**

Program modification may take place when temperatures are forecasted to be or fall below 40 degrees. Outdoor activities may be cancelled or moved indoors. If temperatures fall below 40 degrees during an activity, staff will monitor the situation and act if necessary.

**Action:**

*In the event of inclement weather involving snow and ice, program modification and a change to facility operating hours may take place. Any closings or adjustments to facility hours will be determined by the County Manager or Recreation Director. Decisions regarding cancellations or adjustments to programs can be made by Recreation staff.*

**SEVERE THUNDERSTORMS**

Staff will monitor all available weather alerts issued by the National Weather Service, media and what is visibly seen and heard while outdoors. A severe thunderstorm can produce damaging winds up to 58mph with heavy down pours, and possible hail. There is a potential risk of flying debris, localized flooding and lightning strikes.

**LIGHTNING AND THUNDER**

Program modification will take place when lightning is detected within 10 miles of the facility by radar, visual monitoring or if thunder is heard. Staff will monitor all available weather alerts issued by the National Weather Service, media and that is seen and heard while outdoors. Lightning is an electric spark discharge in the atmosphere, occurring within a thundercloud, between clouds, or between a cloud and the ground. Lightning is very dangerous and is accompanied by tremendous flashes and roars of thunder. Outdoor activities will be suspended when lightning is detected within 10 miles of the facility. The location of lightning can be determined by the NWS, a storm monitoring device and by counting time between thunder and lightning strikes. Once lightning is seen, count the number of seconds until you hear thunder. Divide the number of seconds by 5. The answer is distance in miles of the lightning. Therefore, 10 miles would be 50 seconds.

**Action:**

*If lightning is seen, or thunder heard, immediately suspend outdoor activities. Seek shelter\* immediately and avoid trees, canopies, or tents. No activity will resume until there is no less than 30 minutes from the last strike or from the last sound of thunder is heard. Staff will keep track of time to ensure activities are not resumed until it is safe. Once the threat and danger has passed staff will announce that it is safe for the activity or event to resume.*

People who have been struck by lightning do not carry an electric charge. Therefore, it is safe to perform CPR, if needed. Ideally, injured persons are moved into a safe shelter. Lightning-strike victims who show signs of cardiac or respiratory arrest need emergency help.

**WIND**

Program modification will take place when strong gusts of wind are detected by radar. Staff will monitor all available weather alerts issued by the National Weather Service, media and take initiative to secure loose objects to prevent objects from becoming airborne projectiles.

**Action:**

*In conditions of winds reaching 58 MPH or higher (according to NWS weather reports) outdoor activities are to be suspended. All participants and staff will be advised to immediately seek cover indoors or in an enclosed vehicle away from trees or areas where things can become airborne. Once the threat and danger has passed staff will inspect the area to ensure it is safe and announce that it is safe for the activity or event to resume.*

## **TORNADO WARNINGS & WATCHES**

A **Watch** means there is a potential for a Tornado or the Tornado exists and a **Warning** means it is happening or very likely to happen. Program modification will take place when a tornado warning is issued. Staff will monitor all available weather alerts issued by the National Weather Service and media. Immediate action will be taken to safe guard the health and well-being of all individuals in the immediate area.

**Action:**

*When a tornado warning is issued within Nash County, outdoor activities will be suspended. Staff will advise all participants, staff and spectators to immediately move indoors and seek shelter\*. Participants and staff will be directed to an area indoors away from windows and doors. Staff will continue to monitor the location of the tornado and prepare participants to respond. Large gym areas will be avoided at this time. Staff will instruct participants to get under a heavy piece of furniture or inside interior closets if the tornado threatens the immediate area. Participants and staff will assume the protective position by squatting low to the floor and covering their head. Children, visitors and participants may need guidance to prepare for a tornado. Never remove a person from a wheelchair. Have them bend over safely and put their hands over their head. Once the threat and danger has passed staff will check the health and well-being of all participants, contact EMS if there are injuries, assess damage and guide participants to safety.*

### **SHELTER\***

*Shelter is defined as an ideal safe structure or fully enclosed building with plumbing, telephone and electrical service, which aid in grounding the structure. A fully enclosed automobile or school bus with all the windows rolled up is a reasonable shelter, although care must be taken to avoid contact with any metal inside the vehicle. Golf carts and convertible cars are not safe shelters. Dugouts and golf shelters are not safe shelters and are not grounded for the effects of lightning.*

*Avoid the use of shower facilities for shelter and do not use showers or plumbing during a thunderstorm; electrical current from lightning can enter the building through plumbing connections. It is also unsafe to stand*



**NASH COUNTY RECREATION DEPARTMENT**  
**"CODE OF CONDUCT CONTRACT"**  
**ADULT Kickball LEAGUE**

All flag football players and coaches shall be guided by the following:

1. No player or manager shall refuse to abide by an official's decision.
2. No player or manager shall be guilty of objectionable demonstrations of dissent at an official's decision.
3. No player, other than the manager shall, discuss with an official in any manner, the decision reached by an official.
4. No player shall be guilty of using unnecessary rough tactics in the play of the game against the opposing team.
5. No player or manager shall at any time, lay a hand, push, shove, strike, or threaten to strike an official.
6. No player or manager shall be guilty of verbal abuse upon any official for any real or imaginary wrong decision or judgment.
7. No player or manager shall be guilty of aggressive behavior or physical attack as an aggressor upon any player, official, or spectator.
8. No player or manager shall be guilty of allowing team spectators to heckle any official, scorekeeper, or facility supervisor. It will be the manager's responsibility to control team spectators. If the manager cannot control their spectators, he/she may obtain assistance from NCPR staff.

A player who is ejected from a game will be required to leave sight and sound of the facility within 2 minutes. If a player fails to leave after an ejection, the game will be forfeited by the umpire. Managers should see that your player leaves promptly.

If any player is ejected from the game he/she shall be automatically suspended for a minimum of one game, additional punishment could be handed down pending review by NCPR staff.

If the player is ejected a second time, he/she will be suspended for the remainder of the season, or if circumstances so warrant, be suspended from participation in any program and/or facility of Nash County Recreation Department indefinitely, pending review by NCPR staff.

**This contract MUST BE signed by the player and manager.**

**PLAYER:** \_\_\_\_\_

**MANAGER:** \_\_\_\_\_

**DATE:** \_\_\_\_\_